

Mes Contacts

GETTING-STARTED GUIDE

Get started in 5 minutes

Signing up, confirming your email, turning on notifications on your phone (Android and iPhone) and your first invitations: everything, step by step, with the screens.

- 1** I sign up
- 2** I confirm my email address
- 3** I discover my space
- 4** I turn on notifications on my phone
- 5** I invite my first 3 people

Welcome to Mes Contacts

Have you received an invitation? In 5 minutes you are signed up, your phone alerts you to new messages and you have already shared your own link. Just follow the steps, in order.

1

I sign up

2

I confirm my email

3

I discover my space

4

I turn on notifications

5

I invite my friends

What is Mes Contacts? A private messaging service where your messages really arrive: no spam filter, no algorithm. Everyone who signs up with your link joins your contact list, and you can write to them whenever you like. The basic version is **free, forever**, with no credit card.

1 I sign up

- 1 Open the invitation link you received (for example **mes-contacts.fr/r/...**). At the top of the form, you see the name of the person inviting you.
- 2 Enter your **first name**, **last name** and **email address**, then tap **Continue**.
- 3 Choose your country, your region (department, province, canton... when the country has a list), your languages, your activity, **at least 3 interests**, and answer "You are" ("I prefer not to say" is possible).
- 4 Tick the first box (required), and the others only if you wish. Tap **Book my place for free**.

Book your place
Free, in 1 minute. You get your invitation link right away.

You have been invited by Marie L.

First name
Emma

Last name
Wilson

Email address
emma.wilson@example.com

Continue →

✓ 100% free ✓ No credit card
✓ Data never sold

First name, last name, email, then "Continue".

Book your place
Free, in 1 minute. You get your invitation link right away.

You have been invited by Marie L.

Country
United Kingdom

Languages you read
French English Spanish
Portuguese German Italian
Arabic Other

Your activity ("Private individual" if you have no professional activity)
Wellness and alternative medicine

Your interests (at least 3, up to 10: you will mostly receive the messages that really interest you)

Your country, your languages, your activity...

I prefer not to say

☒ I am 18 or older and I accept the [pre-registration terms](#) and the [privacy policy](#) (in French).

☒ I agree that the person who invited me can see my email address in their team, so they can contact me (optional, can be changed at any time). No other member will see it.

☐ Yes, I want to receive members' good deals that match my interests or my region: at most one offer per day, checked before sending, kept in a separate tab. Optional, can be changed at any time.

☐ Yes, I want to be notified by email of news and special offers from Mes Contacts. Optional, can be turned off at any time.

Book my place for free

[Back to the previous step](#)

✓ 100% free ✓ No credit card
✓ Data never sold

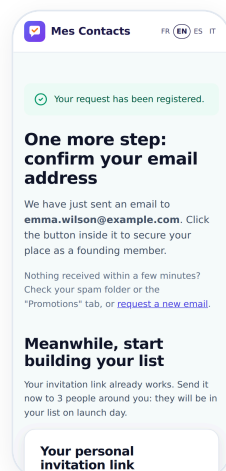
... then the boxes and "Book my place".

TIP

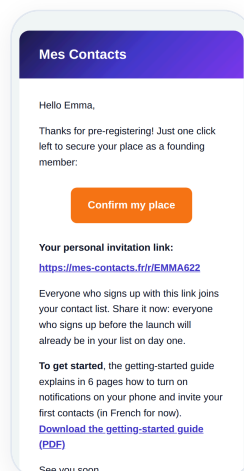
The optional boxes: showing your email to the person who invited you (so they can contact you), receiving at most one offer per day from other members, receiving news. You can change your mind at any time from your space.

2 I confirm my email address

Right after signing up, an email "**confirm your place on Mes Contacts**" arrives in your inbox. Open it and tap the **Confirm my place** button. That's it: your place is secured.



The site reminds you to check your emails.



The email you receive: tap "Confirm my place".

GOOD TO KNOW

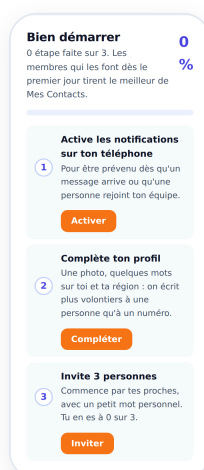
No email after 5 minutes? Check your **spam** folder or the **Promotions** tab (Gmail). Until you confirm, you don't appear in the list of the person who invited you. You can also request the email again from the page shown after signing up.

3 I discover my space

After confirming, you arrive in **your personal space**: your member number, your invitation link, your team and your settings. The "**Bien démarrer**" (Getting started) block guides you step by step: each completed step is ticked. **Bookmark this page**: it's your access key, with no password (lost the link? "My space", at the bottom of every page of the site, sends you a new one by email). **Your space is in French for now**, like the screens below: your browser can translate it in one click.



Your personal space.



"Bien démarrer": the steps to follow.

4 I turn on notifications on my phone

This is the most important step: your phone alerts you as soon as a message arrives or someone joins your team. **Nothing to download from an app store:** Mes Contacts installs directly from the site.

**Les notifications sur ton téléphone**

Sois prévenu dès qu'un message arrive et dès qu'une personne rejoint ton équipe.

✓ **Activer sur cet appareil**

In your space: the "Activer sur cet appareil" (Turn on for this device) button.

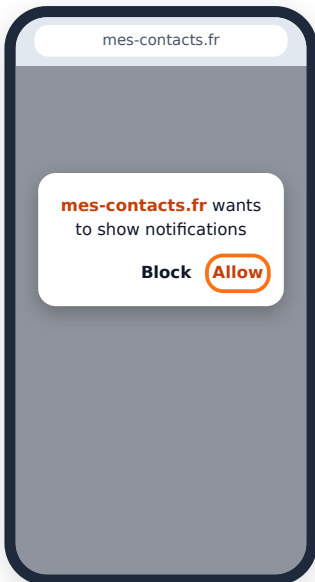
Choose the part that matches your phone:

- **Android** (Samsung, Xiaomi, Oppo, Google Pixel...): use **Chrome**.
- **iPhone**: use **Safari**, and one more step is needed (adding Mes Contacts to the home screen).

On Android (with Chrome)



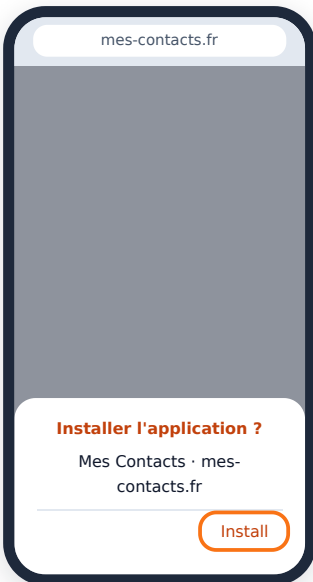
1 In your space, tap **Activer sur cet appareil** (Turn on for this device).



2 Tap **Allow** (definitely not "Block").



3 Tap **Envoyer une notification test** (Send a test notification): "Ça marche !" (It works!) appears.

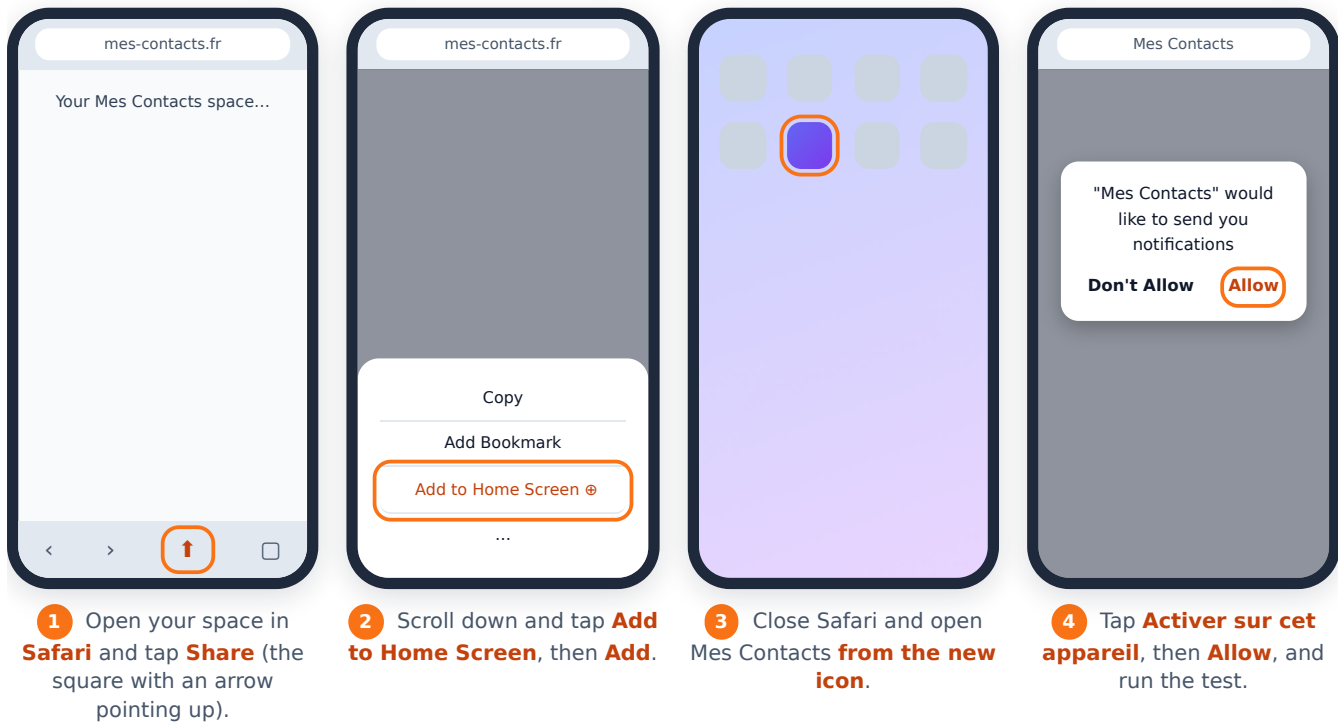


4 If Chrome offers **Install**, accept: the icon appears on your home screen.

Simplified diagrams: the exact appearance varies by phone.

On iPhone (with Safari)

On iPhone, notifications only work if Mes Contacts is **added to the home screen** and opened **from that icon**. You need iOS 16.4 or later (Settings → General → About → iOS Version).



Simplified diagrams: the exact appearance varies by iOS version.

It doesn't work?

- **"Notifications are blocked"**: you tapped "Block" by mistake. On Android, tap the padlock (or the settings icon) to the left of the site address → **Notifications** → **Allow**, then reload the page. On iPhone: **Settings** → **Notifications** → **Mes Contacts** → **Allow Notifications**.
- **Nothing arrives after the test**: tap "Désactiver sur cet appareil" (Turn off for this device), then turn it on again.
- **On iPhone, no "Activer" button**: you probably opened the site in Safari instead of from the home screen icon.
- Check that **Do Not Disturb** or **Focus** mode is not on, and that battery saver is not blocking Chrome.

TIP

You can turn on notifications on **several devices** (phone, tablet, computer). Your space shows how many devices receive them.

5 I invite my first 3 people

Your contact list is built with **your own invitation link**. Everyone who signs up with it joins your list. And when they invite others in turn, their guests join your list too.



- 1 In your space, find the block **"Ton lien d'invitation personnel"** (Your personal invitation link).
- 2 Tap **WhatsApp, Facebook, Telegram** or **Email**: the message is already written, you just choose the person.
- 3 Or tap **Copier le message** (Copy the message) and paste it wherever you like (SMS, Messenger...).
- 4 Your **QR code** is there too: let your friends scan it, right on your screen.

TIP

Start with 3 close friends, with a short personal note: "I'm joining Mes Contacts so my messages really arrive. Join me, it's free". It works much better than a post for everyone.

In your space: your link, the share buttons and a ready-to-send message.

Already have an email list (newsletter with AWeber, Systeme.io, Mailchimp, Brevo...)? In your space, the block **"Tu as déjà une liste email ? Invite-la"** gives you 3 emails ready to copy into your autoresponder, with your link already inside (in French for now). Only your own list, never a purchased file.

GOOD TO KNOW

Share your link with people who know you: family, friends, customers, your own contact list.
Forbidden: purchased address lists, fake accounts and false promises.

What's next?

When the messaging service opens, you will choose your password from your space and you will be able to write to your whole list, schedule your messages, write privately... Everything is explained in **"The member's guide"**, available at the bottom of every page of the site.

A question? Write to us at **contact@mes-contacts.fr**: we reply personally. Welcome to Mes Contacts!