

Mes Contacts

THE MEMBER'S GUIDE

Everything you can do with Mes Contacts

From signing up to your first message, step by step: your profile, your list and contacts, notifications on your phone, writing, scheduling, targeting, welcoming your guests, the directory, advertising, your subscription and referral.

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1 Mes Contacts in 1 minute

Mes Contacts is a private messaging service where your messages really arrive. No spam filter, no algorithm: the people who chose to follow you receive what you write.

The idea, in three sentences

- 1 **You invite the people around you** with your personal link: everyone who signs up thanks to you joins your contact list.
- 2 **Your list grows by itself**: when your guests invite others in turn, these new people join your list too, over several levels.
- 3 **You write, they receive**. Your message lands in their Mes Contacts inbox, with a notification on their phone.

"Levels", explained simply

Level	Who is it?	Example
Level 1	The people you invited.	You invite Paul.
Level 2	The people invited by your guests.	Paul invites Léa.
Level 3 and +	And so on, step by step.	Léa invites Hugo...

The free version lets you write to **levels 1 and 2**. The plans let you go further (chapter 12). You can also add to your list members already invited by someone else, with their consent: these are **added contacts** (chapter 7).

What makes Mes Contacts different

- **Your messages get read**: everyone has a limited number of sends, so inboxes stay pleasant and nobody is flooded.
- **Your privacy is protected**: your email is visible to nobody, except the person who invited you if you agree.
- **You stay in control**: block a sender, report a message, download or delete your data, in one click.
- **The basic version is free**, forever, with no credit card.

This guide describes Mes Contacts at launch. During pre-registration, you already have access to your personal space, your profile, your invitation link, your team, added contacts and notifications. Messaging, paid plans, the directory and commissions open at the official launch; Broadcast a little later. The terms of sale are published on the **CGV** page of the site. **The inside of the site (your space, messaging) is in French for now**: the screens in this guide show it as you will see it, and button names are given in French with their translation. Your browser can translate the pages in one click.

2 Getting started

Signing up takes one minute. Here are the steps to get ready, in order. The "Getting-started guide" shows them screen by screen.

Step 1 — Book your place

- 1 Open the invitation link you received, or go to **mes-contacts.fr**.
- 2 Enter your first name, last name and email, then tap **Continue**.
- 3 Choose your country, your region from the list (department, province, canton... when the country has a list), your languages, your activity, **at least 3 interests** (up to 10) and your gender (or "I prefer not to say"): this information is used for targeting, so that you mostly receive what concerns you.
- 4 Tick the boxes that suit you (only the first one is required), then tap **Book my place for free**.

Step 2 — Confirm your email address

You immediately receive an email: click **Confirm my place**. Until you confirm, you don't appear in the list of the person who invited you. No email? Check your **spam** folder or the **Promotions** tab.

Step 3 — Your personal space

It's your dashboard: your member number, your invitation link, your team and your settings.

Bookmark it: the link received by email gives you access to your space with no password. Lost the link? "My space", at the bottom of every page of the site, sends you a new one.



At the top of your space: your confirmed guests, your list over 2 levels, pending sign-ups and your place in the referrer leaderboard.

"Bien démarrer" (Getting started): your starting checklist NEW

Bien démarrer

75 %

3 étapes faites sur 4. Les membres qui les font dès le premier jour tirent le meilleur de Mes Contacts.



Choisis ton mot de passe
Pour te connecter à ta messagerie depuis n'importe quel appareil.



Active les notifications sur ton téléphone
Pour être prévenu dès qu'un message arrive ou qu'une personne rejoint ton équipe.

Activer



Complète ton profil
Une photo, quelques mots sur toi et ta région : on écrit plus volontiers à une personne qu'à un numéro.



Invite 3 personnes
Bravo, ta liste est lancée !

Each completed step is ticked automatically, with the progress bar.

Members who complete these steps on day one are the ones who get the most out of Mes Contacts: choose your password (at launch), turn on notifications, complete your profile, add your birthday, invite 3 people. When everything is done, the block disappears.

At launch: your password

When messaging opens, a **Choisir mon mot de passe** (Choose my password) button appears in your space. Then you log in on the **Connexion** (Log in) page with your email and password. Forgotten it? "Mot de passe oublié" (Forgot password) sends you a link by email.

3

The app and notifications

The most important setting: your phone alerts you as soon as a message arrives or someone joins your team. Nothing to download from an app store.



Les notifications sur ton téléphone

Sois prévenu dès qu'un message arrive et dès qu'une personne rejoint ton équipe.



Activer sur cet appareil

The notifications block, in your personal space and in "Mon équipe" (My team).

On Android (Chrome)

- 1 Open your space in **Chrome**.
- 2 Tap **Activer sur cet appareil** (Turn on for this device), then **Allow**.
- 3 Tap **Envoyer une notification test** (Send a test notification): "Ça marche !" (It works!) appears.
- 4 If Chrome offers **Install app**, accept: the icon appears on your home screen.

On iPhone (Safari)

- 1 Open the site in **Safari**.
- 2 Tap **Share** (the square with an arrow), then **Add to Home Screen** and **Add**.
- 3 Open Mes Contacts **from the new icon**.
- 4 Tap **Activer** (Turn on), then **Allow**, and run the test.

Requires iOS 16.4 or later.

What triggers a notification

Event	Example (notifications are in French)
A message from your network or a private message	« Nouveau message de Marie L. — Soirée de lancement jeudi 20 h » (New message from Marie L.)
An announcement from Mes Contacts	« Annonce de Mes Contacts »
A new person in your team	« Emma vient de rejoindre ton équipe ! » (Emma has just joined your team!)
The weekly summary (Monday morning)	« Ton équipe a grandi cette semaine » (Your team grew this week)
A birthday in your team NEW	« C'est l'anniversaire de Chloé aujourd'hui ! » (It's Chloé's birthday today!)
A contact request, or an accepted request NEW	« Paul aimerait t'ajouter à ses contacts » (Paul would like to add you)
A referral milestone reached NEW	« Bravo ! Badge Ambassadeur et 1 mois offert » (Ambassador badge and 1 free month)
Your plan, your listing, a payment	« Ta formule se termine bientôt », « Ta fiche est en ligne »...

GOOD TO KNOW

So that you are not disturbed all the time, beyond **10 messages from your network in the same day**, the next ones arrive without a notification. You lose nothing: they wait for you in your inbox.

It doesn't work?

- **"Notifications are blocked"**: tap the padlock to the left of the site address, then **Notifications** → **Allow**, and reload the page. On iPhone: Settings → Notifications → Mes Contacts.
- **Nothing arrives after the test**: "Désactiver sur cet appareil" (Turn off for this device), then turn it on again.
- **On iPhone**, notifications only work from **the home screen icon**.
- Check that **Do Not Disturb** or **Focus** mode is not on.

4 Your profile NEW

People write more willingly to a face than to a number. Your profile is what members of your network see of you.

Qui es-tu ?



[Changer ma photo](#)

☐ Supprimer ma photo

Une photo où l'on voit bien ton visage. Elle est recadrée en carré automatiquement.

Prénom

Nom

Ta présentation (300 caractères maximum)

58 / 300 caractères

Ton anniversaire (facultatif : jour et mois seulement, jamais l'année)

[Enregistrer mon profil](#)

The "Modifier mon profil" (Edit my profile) page.

Open it from your space (**Modifier mon profil** button under your name) or, in the messaging service, by tapping your first name at the top right.

- **Your photo:** a portrait where your face is clearly visible. It is automatically cropped to a square. Without a photo, your initials are shown in a coloured circle.
- **Your introduction** (300 characters): what you do, what you offer. It appears under your messages and in your sponsor's team.
- **Your birthday** (optional, but a "Bien démarrer" step suggests it): day and month only, never the year. Your sponsor and your direct guests are notified on the day (chapter 6).
- **Your country, region, languages, activity, gender and interests (3 to 10):** they are used to target messages, and are therefore required. The region is chosen from a list (departments in France, provinces in Belgium, cantons in Switzerland...), so that everyone writes it the same way. Your gender is never shown to other members, and you can answer "I prefer not to say". If something is missing, a "Complète ton profil" (Complete your profile) banner reminds you in your space.

TIP

A complete profile is one of the "Bien démarrer" steps. And in the directory, a clear photo and introduction build trust.

5

Building your list

Your list is your strength. Everyone who signs up with your link joins it, and everything they build afterwards becomes part of it too.

Your invitation link

Ton lien d'invitation personnel

Chaque personne qui s'inscrit avec ce lien rejoint ta liste de contacts.

<https://mes-contacts.fr/r/LOUIS>Copier le lien

WhatsAppFacebookTelegramEmail



À scanner avec un téléphone

Un message prêt à envoyer

Je viens de réserver ma place sur Mes Contacts, une messagerie où tes messages arrivent vraiment (pas dans les spams). C'est gratuit et ça prend une minute. Inscris-toi avec mon lien, tu seras directement dans ma liste : <https://mes-contacts.fr/r/LOUIS>

Copier le message

In your space: your link, the share buttons, your QR code and a ready-to-send message.

- **Copier le lien** (Copy the link): paste it wherever you like (SMS, social networks, email signature...).
- **WhatsApp, Facebook, Telegram, Email**: share in one click, the message is already written.
- **QR code**: print it on your business card, your counter, your stand.
- **Copier le message** (Copy the message): a ready-made invitation text, to personalise with a word from you.

A person who clicks your link stays linked to you for **30 days**, even if they sign up later, on the same device. If they are **already a member**, your link offers them to join your list as an added contact (chapter 7).

The 4 ways of inviting that work best

- 1 **Start with your 5 closest people**, with a personal message on WhatsApp.
- 2 **Explain why you are signing up**: your emails in spam, your posts nobody sees...
- 3 **Think of your current contacts** (customers, prospects, subscribers): "So you never miss my messages".
- 4 **Display your QR code** where people see you in person.

Already have an email list? The ready-to-copy kit NEW

If you send a newsletter with an autoresponder (AWeber, Systeme.io, Mailchimp, Brevo...), your email list is the fastest way to fill your Mes Contacts list. In your space, the block **"Tu as déjà une liste email ? Invite-la"** (Already have an email list? Invite it) gives you **3 emails ready to copy**, with your link already inside (in French for now: adapt them to your language).

Tu as déjà une liste email ? Invite-la

Si tu envoies une newsletter avec un autorépondeur (AWeber, Systeme.io, Mailchimp, Brevo...), ta liste est la façon la plus rapide de remplir ta liste Mes Contacts. Voici 3 emails prêts à copier, avec ton lien déjà dedans.

✓ 1 personne s'est inscrite grâce à ta liste email (en attente de confirmation de leur email).

☆ **Seulement ta propre liste** : les personnes inscrites à ta newsletter, qui ont accepté de recevoir tes emails. Jamais de fichier acheté ou récupéré : c'est interdit, et ça ferait classer les liens Mes Contacts comme spam pour tous les membres.

Comment faire

1. Dans ton autorépondeur, crée un nouvel email (souvent appelé « Broadcast », « Campagne » ou « Newsletter ») à envoyer à ta liste.
2. Copie l'objet et le texte ci-dessous, et remplace **[Prénom]** par la balise de prénom de ton outil (par exemple `{!firstname_fix}` dans AWeber).
3. Envoie le premier, puis les deux suivants à quelques jours d'intervalle. Retire de l'envoi ceux qui se sont déjà inscrits, si ton outil le permet.

<https://mes-contacts.fr/r/LOUIS?s=email>Copier le lien

Ce lien fonctionne comme ton lien habituel. Il permet en plus de compter les inscrits venus de ta liste email.

Email 1 : l'annonce

Email 2 : pourquoi je le fais (3 jours plus tard)

Email 3 : le dernier rappel (une semaine plus tard)

The email kit in your space: your special email-list link and the 3 emails to copy.

- 1 In your autoresponder, create a new email to send to your list (often called "Broadcast", "Campaign" or "Newsletter").
- 2 Open email 1 of the kit, copy the subject and the text, and replace **[Prénom]** with your tool's first-name tag.
- 3 Send the first one, then the next two a few days apart (3 days, then a week).

The kit link ends with **?s=email**: it works exactly like your usual link, and also **counts the sign-ups coming from your email list**. The counter is shown at the top of the block.

GOOD TO KNOW

Only your own list: the people subscribed to your newsletter, who agreed to receive your emails. Never a purchased or harvested file: it is forbidden, and it would get Mes Contacts links classified as spam for all members.

GOOD TO KNOW

Share your link freely with the people around you, your customers and **your own contact list**. **Forbidden**: address lists purchased or harvested without consent, fake accounts and false promises. They may lead to the deletion of the account.

Milestones and badges NEW

Les paliers : tout le monde peut gagner

Pas besoin d'être dans les 10 premiers du classement. Chaque palier te rapporte un **badge**, et quand tes invités s'abonnent, des **mois offerts** sur ta formule.

Les badges : selon tes invités confirmés

Badge	Nombre d'invités confirmés
 Premiers pas	3 invités confirmés
 Ambassadeur	10 invités confirmés
 Bâtisseur	50 invités confirmés
 Légende	100 invités confirmés

Les mois offerts : selon tes invités abonnés

Nombre d'invités abonnés	Mois offerts
10 invités abonnés	1 mois offert
50 invités abonnés	3 mois offerts
100 invités abonnés	12 mois offerts

Seuls tes invités directs comptent. Un **invité abonné** est un invité direct qui paie une formule Local (9,90 € par mois) ou supérieure, depuis au moins 30 jours, sans remboursement. Un mois offert vaut le prix mensuel de la formule la moins chère parmi les invités comptés (par exemple 9,90 € si l'un d'eux est en formule Local) : il t'est versé en **crédit**, déduit automatiquement de tes paiements d'abonnement. Une récompense obtenue reste acquise. Les faux comptes et l'auto-parrainage font perdre les récompenses correspondantes.

No need to be at the top of the leaderboard: two kinds of rewards await you.

- **Badges**, based on the number of your **confirmed** direct guests: First steps (3), Ambassador (10), Builder (50), Legend (100).
- **Free months**, based on the number of your **subscribed** direct guests: 1 month for 10 subscribers, 3 months for 50, 12 months for 100. A subscribed guest is a direct guest who has been paying for the Local plan (€9.90) or higher for at least 30 days.

A free month is worth the price of the **cheapest** plan among your counted guests. Example: of your 10 subscribers, 3 are on Local at €9.90 and 7 on Expert: your free month is worth **€9.90**. It is paid to you as **credit**, automatically deducted from your subscription payments; if you are not subscribed yet, it waits for you and will be deducted from your first payment.

Your badges, your credit and your progress are shown in your space, with what you still need for the next milestone. A reward once earned is yours to keep.

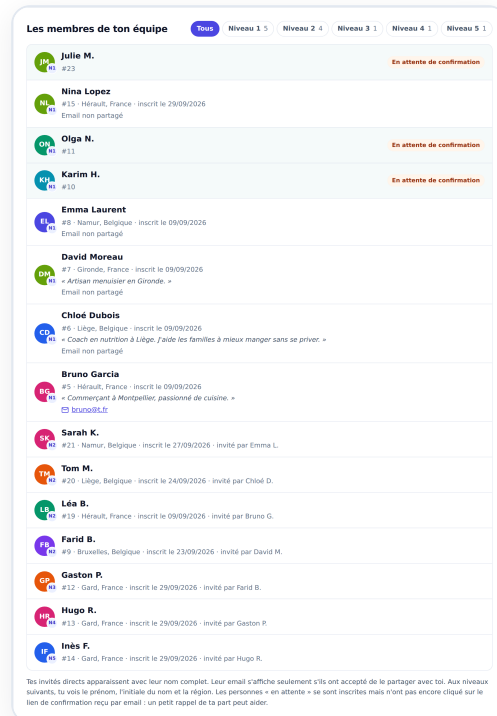
Why subscribed guests? Because it only takes a few minutes to create a fake email address. By rewarding real subscribers, free months go to those who truly grow the community.

The referrer leaderboard

The members who invite the most appear on the public leaderboard (first name and initial of the last name only). Your place is shown in your space.

6 Your team

Your team is not just a number: it's people. You find them in your space and in the "Mon équipe" (My team) tab of the messaging service.



Your team list, filterable by level, with photos and introductions.

Who	What is shown
Your direct guests (level 1)	Full name, photo, introduction, member number, region, sign-up date. Email only if they agreed to share it with you.
The following levels	First name and initial of the last name, photo, number, region, sign-up date, and who invited them.
Pending	Signed up with your link, but not confirmed yet. A little reminder from you can help!

Your team's news

Les nouvelles de ton équipe

-  Nina Lopez vient de rejoindre ton équipe (Hérault) !
il y a 3 heures
-  Paul G. aimerait t'ajouter à ses contacts. Réponds depuis « Demandes de contact » dans ton espace.
il y a 6 heures
-  Sophie M. a accepté de rejoindre tes contacts : tu peux maintenant lui écrire.
il y a 20 heures
-  Bravo ! Tu as atteint 3 invités : badge « Premiers pas ».
il y a 1 jour
-  Ton équipe a grandi de 9 personnes cette semaine, dont 4 invités directs. 2 se trouvent au-delà des niveaux que tes messages atteignent.
il y a 2 jours

- As soon as a guest confirms: « **Nina vient de rejoindre ton équipe !** » (Nina has just joined your team!).
- Every **Monday morning**, the weekly summary, with the number of people beyond the levels your messages reach.
- Contact requests, milestones reached, birthdays...
- A badge on "Mon équipe" flags the news you haven't seen yet.

TIP

When someone joins your team, send them a little welcome note... or let the **welcome sequence** do it for you (chapter 11).

Birthdays NEW

Les anniversaires de ton équipe

BG

Bruno G.
C'est aujourd'hui !

Lui souhaiter

CD

Chloé D.
Le 2 octobre, dans 3 jours

Programmer un message

Birthdays in the next 7 days (in your team, and your sponsor's) are shown in your space. On the day, you receive a notification. The **Lui souhaiter** (Wish them) button opens a private message with a "Happy birthday" template already filled in; **Programmer un message** (Schedule a message) lets you prepare it in advance. Only those who entered their birthday in their profile appear.

"Ce que tu rates" (What you're missing)

3 personnes de ton réseau ne reçoivent pas tes messages

Elles sont dans ton réseau, au-delà du niveau 2, que tes messages atteignent aujourd'hui. Avec une formule, tu pourrais les toucher :

Relais 4,90 €/mois

+1 personne

Local 9,90 €/mois

+2 personnes

Précision 14,90 €/mois

+3 personnes

Les formules seront disponibles à l'ouverture, au prix fondateur pour les membres inscrits avant. [Voir les formules →](#)

The people in your network that your messages don't reach yet, and the plan that would make them reachable.

Writing to someone in your team

Every member of your team has an **Écrire** (Write) button to send them a private message (chapter 10).

Exporting your team NEW

From the **Precision** plan, the **Exporter mon équipe** (Export my team) button (at the top of "Mon équipe") downloads a file to open in Excel or Google Sheets: number, first name, last name, level, region, country, sign-up date, who invited them, and your added contact. It contains exactly what you see on screen: full name and email only for your direct guests who agreed to share their email with you.

Bruno Garcia



#5 · Hérault, France · inscrit le 09/09/2026

« Commerçant à Montpellier, passionné de cuisine. »

✉ bruno@t.fr

 **Écrire**

7 Added contacts NEW

Do you know someone who is already a member, but through someone else? You can still have them in your list and write to them, with their consent. Their account, their sponsor and their team stay the same.

Three ways to add a contact

- 1 **By their email:** in your space or in "Mon équipe", block "Mes contacts ajoutés" (My added contacts), type their address and tap **Envoyer la demande** (Send the request).
- 2 **Through your invitation link:** if a member who is already registered clicks your link, the site offers them to join your list in one click.
- 3 **If they sign up a second time by mistake** with your link, the request is created automatically.

Mes contacts ajoutés (1)

Des membres déjà inscrits via quelqu'un d'autre peuvent aussi rejoindre ta liste, avec leur accord. Ils reçoivent tes messages comme tes invités directs, mais leur propre équipe reste la leur, et leur parrain ne change pas.

 **Sophie M.**
Hérault, France · ajouté le 27/09/2026

Retirer

Ajouter un membre à tes contacts

Envoyer la demande

La personne reçoit une demande et choisit d'accepter ou non. Si elle n'est pas encore membre, invite-la plutôt avec ton lien.

Ils peuvent aussi t'écrire (1)

 **David M.**
Tu fais partie de ses contacts

Retirer

The "Mes contacts ajoutés" block: your contacts, the add form and the people who added you.

Receiving a request

 **Demandes de contact (1)**

Ces membres aimeraient t'ajouter à leurs contacts. Si tu acceptes, ils pourront t'écrire. Rien ne change pour ton compte ni pour la personne qui t'a invité.

 **Paul G.**
Gard, France

Accepter

Refuser

You receive an email (**Accepter** / Accept button) and a notification; the request also appears at the top of your space. **Accept**: the person can write to you and counts you in their list. **Decline**: they are not told and cannot ask you again for 30 days.

What it changes, exactly

For the added person	What happens
Group messages	They receive your messages to your whole list, like a direct guest. If they were already in your team, they receive them only once .
Private messages	You can write to each other privately, both ways.
Their account	Nothing changes: same sponsor, same team, same place.
Their own team	It does not join your list: only the added person is part of it.
Commissions, leaderboard	An added contact does not count for commissions, the leaderboard or milestones.

Either of you can **remove** the link at any time ("Retirer" / Remove button). And for your peace of mind, the site never reveals whether an email address is registered: the answer is the same in every case. You can send up to 30 requests per day.

8 Your inbox

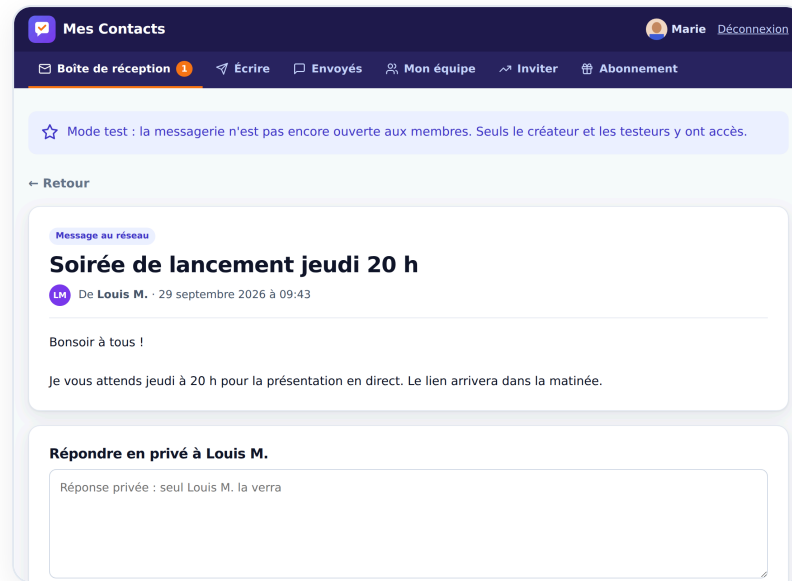
When messaging opens, log in with your email and password. The top menu gives you access to everything.

The screenshot shows the 'Mes Contacts' app interface. At the top, there's a dark blue header with a mail icon and 'Mes Contacts' on the left, and a user profile 'Marie' with a 'Déconnexion' link on the right. Below the header is a navigation bar with icons and labels: 'Boîte de réception' (with an orange dot and '1'), 'Écrire', 'Envoyés', 'Mon équipe', 'Inviter', and 'Abonnement'. A light blue banner below the navigation bar states: '☆ Mode test : la messagerie n'est pas encore ouverte aux membres. Seuls le créateur et les testeurs y ont accès.' The main section is titled 'Boîte de réception' and features an orange button 'Écrire à mon réseau'. Below this is a 'Bien démarrer' section with a progress bar at 75%. It lists two steps: 1. 'Choisis ton mot de passe' (with a green checkmark) and 2. 'Active les notifications sur ton téléphone' (with a blue circle and '2'). The second step has an 'Activer' button.

The inbox: unread messages are marked with an orange dot.

Menu	What it's for
Boîte de réception (Inbox)	Your messages: Mon réseau (messages from your network and private messages), Annonces (Mes Contacts announcements). When Broadcast opens, an Offres des membres (Members' offers) tab will be added if you accepted it.
Écrire (Write)	A message to your whole list, now or on a chosen date.
Envoyés (Sent)	Your sent messages (with the number of readers) and scheduled ones.
Mon équipe (My team)	Your team, your added contacts, your news, your welcome sequence and your settings.
Inviter (Invite)	Your personal space, with your invitation link.
Abonnement (Subscription)	Your plan, your payments and your commissions (chapter 12).

Reading a message



An open message: you can reply privately to its author.

- **Répondre en privé** (Reply privately): your reply is only visible to the author.
- **Supprimer** (Delete) removes the message from your inbox.
- **Bloquer l'expéditeur** (Block the sender): you will no longer receive their messages. You can unblock them in "Mon équipe".
- **Signaler ce message** (Report this message: spam, scam, shocking content...): it is reviewed by the Mes Contacts team. A sender reported by several members has their sending suspended automatically.

9 Writing to your whole list

A single message, and it lands in the inbox of everyone in your list, with a notification on their phone.

- 1 Tap **Écrire** (Write) in the menu.
- 2 Start from a **template** if you like, then give a short, clear **subject**: it's what makes people want to open it.
- 3 Write your message, **target** it if needed, choose **Maintenant** (Now) or **Programmer** (Schedule), then tap **Envoyer** (Send).

Templates NEW

Partir d'un modèle (facultatif)

Choisir un modèle...

Le texte s'ajoute ci-dessous : remplace ce qui est entre crochets [] et personnalise-le à ta façon.

Promotion, event invitation, news, thank you, reminder: the text fills in, you just complete what is between square brackets [].

Qui va recevoir ?

13

contacts de ton réseau sur 6 niveaux :

Niveau 1	5
Niveau 2	4
Niveau 3	1
Niveau 4	1
Niveau 5	1
Contacts ajoutés	1

Tes envois

2 / 5

envois disponibles sur 7 jours glissants.

Les envois sont limités pour que les boîtes restent agréables à lire : c'est ce qui garantit que tes messages sont lus.

On the right of the page: who will receive your message, level by level, and your remaining sends.

Three ways to write

Texte simple

Mise en forme

Code HTML

Mode	For whom?
Plain text	The quickest. Links (https://...) become clickable automatically.
Formatting	Bold, colours, headings, lists, links and images, like in a word processor.
HTML code	To paste the code of an email already designed. The code is filtered: scripts and dangerous elements are removed.

Targeting your message

Cibler ce message (facultatif) 13 destinataires

Pays: Tous
Région: ex. Hérault
Langue: Toutes
Sexe: Tous
Centre d'intérêt: Tous
Activité: Toutes
Niveaux: avec illimitée
Membres actifs: avec Leader
☐ Seulement ceux qui ont lu un message ces 30 derniers jours

"Cibler ce message" (Target this message): the number of recipients updates with every choice.

Depending on your plan, you can write to only part of your list: a country or region (Local), a language or gender (Precision), an interest or activity (Expert), active members (Leader), specific levels (Unlimited). Criteria not yet included in your plan are greyed out, with the name of the plan that unlocks them.

- **The restaurant in Béziers** announces its holiday menu only to members in the Hérault area.
- **The craftsman** presents his collection to decoration lovers, all over France.
- **The team leader** writes only to levels 3 to 5 for a training session that concerns them.

TIP

Saved targetings (Unlimited plan) **NEW**: choose your criteria, give them a name ("Hérault customers") and tap **Enregistrer ce ciblage** (Save this targeting). Next time, choose it from the "Mes ciblages enregistrés" list: all the criteria fill in with one click. Up to 20 targetings.

Scheduling a send

Quand l'envoyer ?

☐ Maintenant ☒ Programmer à une date et une heure

Date: 29/09/2026 **Heure (heure de Paris)**: 16:50

Idéal pour un anniversaire, un événement ou pendant tes vacances : le message part tout seul, même si tu n'es pas connecté. Il est envoyé à ta liste telle qu'elle sera ce jour-là, nouveaux inscrits compris, et compte dans tes envois de la semaine où il part. Tu peux l'annuler jusqu'au dernier moment dans « Envoyés ».

Ideal for a birthday, an event or during your holidays: choose **Programmer** (Schedule), a date (up to one year ahead) and a time (Paris time). The message goes out by itself, to your list as it will be on that day. You can **cancel** it until the last moment in "Envoyés".



"Envoyés" (Sent): your scheduled messages (in orange) and those already sent, with the number of readers.

Your message statistics NEW

Open a message in "Envoyés" to see how many people read it. From the **Precision** plan, you also see reading **level by level, when** they read it (within the hour, within the day...) and a comparison with your average over your previous 10 messages: enough to know which subjects work best.

How many messages?

Each plan gives a number of sends to your whole list **per 7-day period**: 3 on Discovery, up to 1 per day on Unlimited. Each send recharges 7 days after being used; scheduled messages count in the week they go out. Need one more send? You can **buy one individually** (chapter 12).

Why a limit? Because it is what guarantees that **your** messages get read: if everyone could send 20 messages a day, nobody would read anything anymore.

10 Private messages and replies

A thank you, an appointment, a birthday: when a message concerns only one person, private messages are made for it.

- 1 Go to **Mon équipe** and tap **Écrire** (Write) next to the person. To write to your sponsor: **Lui écrire en privé** (Write to them privately), under your list.
- 2 Start from a template if you like: **Happy birthday, Welcome, Thank you, Meeting proposal, Checking in**. The first name is added automatically.
- 3 Send now or **schedule** the send.

The screenshot shows a mobile app interface for creating a private message. On the left, a form titled 'Partir d'un modèle (facultatif)' has a dropdown menu 'Choisir un modèle...'. Below it, a note says 'Le texte s'ajoute ci-dessous : remplace ce qui est entre crochets [] et personnalise-le à ta façon.' The 'Objet' field contains 'Merci pour ta confiance !'. The 'Message' text area contains 'Bonjour Bruno,' and 'Merci pour ta commande...'. At the bottom right of the text area is '39 / 5000 caractères'. Below the text area, 'Quand l'envoyer ?' has two options: 'Maintenant' (selected with a blue dot) and 'Programmer à une date et une heure'. At the bottom is an orange 'Envoyer' button with a paper plane icon. On the right, a sidebar contains 'Qui va recevoir ?' with 'Bruno G. uniquement (niveau 1 de ton équipe)' and 'Personne d'autre ne verra ce message. Il pourra te répondre en privé.' Below that, 'Messages privés' shows '20 / 20' and 'messages privés disponibles sur 24 heures (réponses comprises). Ils ne comptent pas dans tes envois à toute ta liste.'

A private message: only the chosen person receives it.

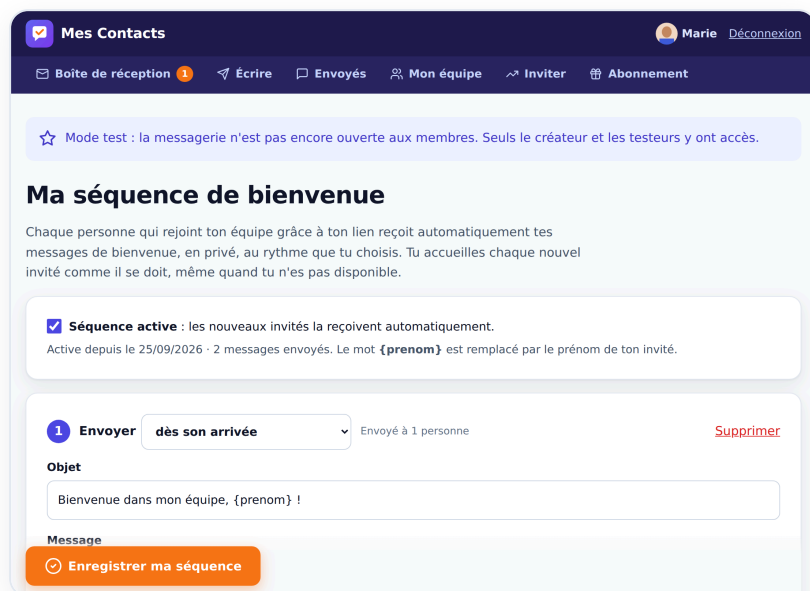
- You can write privately to the people in your team that your messages reach, to your sponsor and to your **added contacts**.
- Limit: **20 private messages per 24 hours**, replies included. They **do not count** towards your sends to your whole list.
- If the person has blocked you, your message is not delivered to them.

11

The welcome sequence

NEW

Everyone who joins your team through your link automatically receives your welcome messages, privately, at the pace you choose. You welcome every new guest properly, even when you are not available.



Messaging → Mon équipe → "Séquence de bienvenue" (Welcome sequence).

- 1 Open **Mon équipe**, then **Séquence de bienvenue**. Three example messages are already ready: keep them, edit them or delete them.
- 2 For each message, choose **when** it goes out: as soon as they arrive, or 1, 2, 3, 4, 5, 7, 10, 14, 21 or 30 days later. Up to **5 messages**.
- 3 Write **{prenom}** wherever you like: it is replaced by your guest's first name.
- 4 Tick **Séquence active** (Sequence on) and save.

- Only your **direct guests who arrive after activation** receive the sequence: your earlier guests don't get a surprise message.
- Each message is sent only **once** per person. Sequence messages do not count towards your sending limits.
- Available from the **Precision** plan.

TIP

A good 3-message sequence: **on the day**, welcome + turn on notifications; **2 days later**, complete their profile; **5 days later**, share their link with 3 friends. That's exactly the example provided.

12 Plans and your subscription

The free version is enough to get started. As your list grows, the plans let you reach more people, write more often and choose precisely who receives each message.

Plan	Price / month	Levels	Sends	What it adds
Discovery	Free	2	3 / week	Messaging, team, added contacts, scheduled and private messages, templates
Relay	€4.90	3	4 / week	Your list extends to level 3
Local	€9.90	4	4 / week	Targeting by country and region
Precision	€14.90	5	5 / week	Targeting by language and gender, welcome sequence, detailed reading statistics, export of your team
Expert	€19.90	6	5 / week	Targeting by interest and professional activity, no more ads in your messaging
Leader	€24.90	7	6 / week	Targeting of active members, 1 free Regional Broadcast / month (once Broadcast opens)
Unlimited	€49.90	All	1 / day	Targeting by specific level, saved targetings, 2 free Total Broadcasts / month (once Broadcast opens)

Each plan includes everything the previous one offers. Yearly payment: 2 months free. Prices in euros; full terms on the CGV page of the site (in French).

TIP

The founder price. All members who sign up **before the launch** are founding members: the launch prices above are guaranteed to them, even when prices rise. You don't need to subscribe right away: the founder price waits for you, and also applies if you subscribe later. Once subscribed, you keep it **as long as your plan subscription stays active**; changing plans doesn't make you lose it. It only ends if your subscription stops (cancellation, non-payment or refund).

Your plan, in your space

Ta formule : Expert

- 6 niveaux de ta liste
- 5 par semaine à ta liste
- Ciblage : pays, région, langue, sexe, centre d'intérêt, activité

Formule valable jusqu'au **29 octobre 2026**. Ensuite, tu reviens à Découverte : ta liste reste la tienne.

[Comparer les formules →](#)

Tes récompenses de parrainage

Premiers pas

Badges · 5 invités confirmés
Plus que **5** pour le badge « Ambassadeur ».

Mois offerts · 0 invité abonné
Plus que **10** pour **1 mois offert**.

Badges : 3 invités confirmés = Premiers pas · 10 invités confirmés = Ambassadeur · 50 invités confirmés = Bâtisseur · 100 invités confirmés = Légende.
Mois offerts : 10 invités abonnés = 1 mois · 50 invités abonnés = 3 mois · 100 invités abonnés = 12 mois. Un invité abonné, c'est un invité direct qui paie une formule Local ou supérieure depuis au moins 30 jours. Un mois offert vaut le prix de la formule la moins chère parmi tes invités comptés, en crédit sur ton abonnement.

Your current plan and your referral rewards.

The 14-day free trial

On launch day, a **Commencer mon essai gratuit** (Start my free trial) button appears in your space, in the "Ta formule" (Your plan) block (it doesn't exist during pre-registration). All members are entitled to it, those who signed up before the launch as well as those who arrive later: the **Expert** plan free for 14 days, **once only**, with no credit card. The 14 days start **when you click**, not on launch day: there's no rush. **3 days before the end**, you receive an email with your trial summary (messages sent, reads, people you will no longer reach on the free version) and what changes if you choose nothing; then you simply go back to Discovery if you choose nothing. Your list stays yours.

"Mon abonnement" (My subscription): choosing and paying

Choisir ma formule

Mensuel

Annuel 2 mois offerts

Relais

4,90 € / mois

3 niveaux · 4 par semaine

Choisir

Local

9,90 € / mois

4 niveaux · 4 par semaine

Choisir

Précision

14,90 € / mois

5 niveaux · 5 par semaine

Choisir

Expert

19,90 € / mois

6 niveaux · 5 par semaine

Choisir

Leader

24,90 € / mois

7 niveaux · 6 par semaine

Choisir

Illimitée

49,90 € / mois

Tous les niveaux · 1 par jour

Choisir

☐ J'accepte les [conditions générales de vente](#) et je demande que le service commence **tout de suite**, sans attendre la fin du délai de rétractation de 14 jours. Je comprends que si je me rétracte pendant ce délai, je paierai la part déjà utilisée, et que je n'ai plus ce droit pour ce qui a été entièrement fourni (par exemple un envoi supplémentaire déjà utilisé).

Paiement sécurisé par Stripe. Sans engagement : tu peux résilier à tout moment, ta formule reste active jusqu'à la fin de la période payée. En changeant de formule, le temps non utilisé de l'ancienne est déduit de tes prochains paiements. [Comparer les formules →](#)

Choose Monthly or Yearly, tick the box, then "Choisir" (Choose).

- 1 In the messaging service, tap **Abonnement** (Subscription).
- 2 Choose **Mensuel** (Monthly) or **Annuel** (Yearly, 2 months free).
- 3 Tick the box: you accept the terms of sale and ask for the service to start right away.
- 4 Tap **Choisir** (Choose) under the plan: you are taken to the secure **Stripe** payment page. Mes Contacts never sees your card number.
- 5 Your plan is activated within seconds. A receipt is sent to you by email.

Mes Contacts : The member's guide

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Envois supplémentaires

Tu as utilisé tous tes envois de la semaine ? Achète un envoi de plus, à l'unité : **1,90 €** l'envoi.

Envois supplémentaires disponibles : **0**

- ☐ J'accepte les [conditions générales de vente](#) et je demande que le service commence **tout de suite**, sans attendre la fin du délai de rétractation de 14 jours. Je comprends que si je me rétracte pendant ce délai, je paierai la part déjà utilisée, et que je n'ai plus ce droit pour ce qui a été entièrement fourni (par exemple un envoi supplémentaire déjà utilisé).

[Acheter des envois](#)

Extra sends

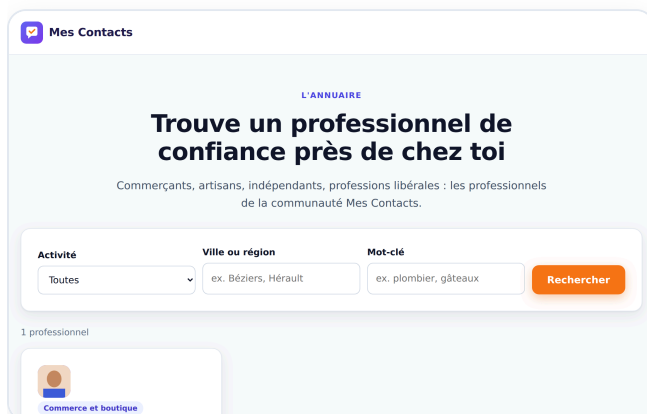
Used all your sends for the week? Buy one extra send individually (**€1.90**). It stays available until you use it.

Managing, changing, cancelling

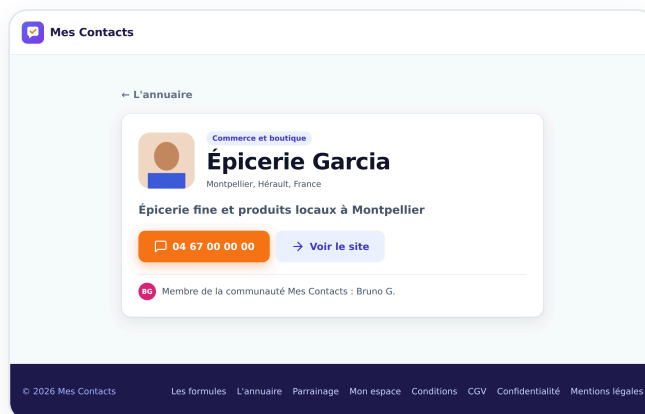
- **Gérer mon abonnement** (Manage my subscription): card, invoices, cancellation, in one click.
- **Change plans** at any time: unused time is deducted.
- **Cancel**: your plan stays active until the end of the paid period, then you go back to Discovery.
- **Yearly subscription**: a reminder email warns you before each renewal.
- **Referral credit** (free months): automatically deducted from your payments.

Right of withdrawal: you have 14 days to change your mind. As the service starts right away, you are refunded for the unused part. Simply write to contact@mes-contacts.fr. Details are in the terms of sale.

Shopkeeper, craftsperson, freelancer, professional? The directory lets members of the whole community find you near them. It is public: even visitors who haven't signed up can browse it.



Search: by activity, by town or region, by keyword.



A listing: logo, tagline, call button, link to the website.

Creating your listing

- 1 In your space, in the **"Tu es commerçant, artisan ou indépendant ?"** block, tap **Créer ma fiche** (Create my listing).
- 2 Enter the name of your business, your category, a short tagline, a description, your town, and how to reach you (phone, email, website). Add your logo or a photo.
- 3 Save: your listing is **checked by the Mes Contacts team** before going online. You receive a notification when it is published.

Publishing

Publishing in the directory costs **€9.90 per month**, with no commitment: **Publier ma fiche** (Publish my listing) button in "Mon abonnement". You can edit your listing at any time from your space.

GOOD TO KNOW

Only real businesses are accepted. A misleading, unlawful listing, or one unrelated to a real business, is refused or removed.

14 Broadcast

Your list is the people in your network. Broadcast will let you reach, in one go, members of the whole community who have agreed to receive offers from other members.

Broadcast will open when the community has around **1,000 members accepting offers**, so that each broadcast truly reaches people. Its prices and terms will be published at that time.

For the sender

- 1 You choose your criteria: region, language, interests, activity.
- 2 You see **the exact number of people reached** before paying.
- 3 Your broadcast is **checked before sending**, then goes into the recipients' "Offres des membres" (Members' offers) tab.

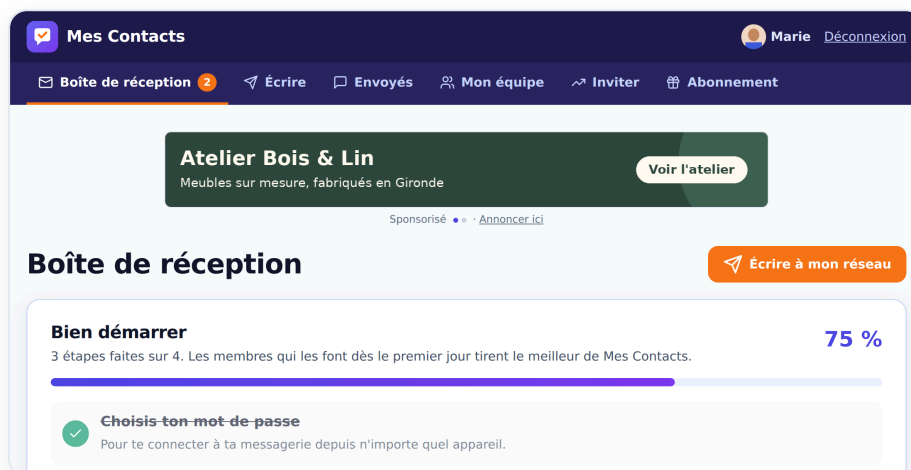
- Planned for **all members**, even on the free version.
- **Leader**: 1 free Regional Broadcast every month. **Unlimited**: 2 free Total Broadcasts every month.
- **Founding members**: 20% lifetime discount on broadcasts purchased.

For the recipient

- You only receive broadcasts **if you have accepted them**: the "members' good deals" box at sign-up, or the "Les bons plans de ta région" (Good deals in your area) card in your space. Can be changed at any time in your preferences.
- **At most one per day**, kept separate from your messages.
- The sender never sees your name or your email.

A few discreet ads, booked by members, fund part of Mes Contacts. They are always marked "Sponsorisé" (Sponsored), and you can make them disappear with the Expert plan.

What you see in your messaging



A banner at the top of the page, marked "Sponsorisé". The little dots show how many ads are rotating this week.

- **A banner** at the top of the messaging pages. If several advertisers booked the week, their banners **rotate every 15 seconds** (rotation stops when your mouse is over it).
- **A text ad** at the top of your inbox, on a yellow background, with the advertiser's website.
- Ads are never shown inside your messages, nor in your space, nor in emails.
- **From the Expert plan** (and on Leader, Unlimited), no more ads at all. During the 14-day free trial, you enjoy this too.



The text ad, at the top of the inbox.

Your privacy is respected. No advertising cookies, no outside trackers: the advertiser doesn't know who you are. They only see totals (views, members reached, clicks), counted by the site itself.

Promoting your business: who can advertise?

Advertising is open to members **subscribed to a paid plan for at least 3 months**. It's a guarantee for everyone: advertisers are real members, already involved in the community. If you're not eligible yet, the Advertising page shows you the date from which you'll be able to book.

Sales will open when **1,000 members** see the ads. Before that, the Advertising page already shows the audience and the prices, so you can prepare. To get there: **Abonnement** → **Publicité** card → **Voir l'audience et les prix** (See audience and prices), or the "**Annoncer ici**" (Advertise here) link under the banner.

Two formats

Format	What you provide	Slots per week
Banner	Two images of the same ad: 728 × 90 pixels for computer and 320 × 100 pixels for phone (double size is accepted for high-definition screens). JPEG, PNG or WebP, 300 KB max. And the address of your page.	5
Text ad	A title and one or two lines of 40 characters max each, and the address of your page.	3

TIP

Why two images? Your banner is seen by all members, on computer as well as on phone. The site picks the right image automatically depending on the screen: the wide, thin version on computer, the taller version on phone. Put the same message in both, written large enough to stay readable.



On phone: the 320 × 100 version.

The audience, fully transparent

On the Advertising page, you see **live** how many members see the ads (all confirmed members, except those on Expert or higher), and how many of them logged in during the last 30 days.

The price of a week depends on this audience, by **tiers**: the more the community grows, the more people your ad reaches. The price applied is the tier's price **at the time of your booking**.

L'audience, en toute transparence

1 255

membres voient les
annonces aujourd'hui

750

dont actifs ces 30 derniers
jours

Ce chiffre compte les membres confirmés qui voient la publicité, c'est-à-dire tous sauf ceux qui ont la formule Expert ou supérieure (sans publicité). Il est recalculé en direct. Côté statistiques, un affichage n'est compté que si l'annonce est restée à l'écran au moins une seconde, onglet ouvert.

 **Tarif de lancement : -50 %** sur toutes les annonces réservées avant le 19/12/2026.

Audience	Annonce texte / semaine	Bannière / semaine
1 000 à 2 999	10,00 € 5,00 €	30,00 € 15,00 €
3 000 à 4 999	19,00 € 9,50 €	55,00 € 27,50 €
5 000 à 9 999	29,00 € 14,50 €	89,00 € 44,50 €
10 000 à 19 999	49,00 € 24,50 €	149,00 € 74,50 €
20 000 à 49 999	89,00 € 44,50 €	269,00 € 134,50 €
50 000 à 99 999	169,00 € 84,50 €	499,00 € 249,50 €
100 000 et plus	299,00 € 149,50 €	899,00 € 449,50 €

-20 % pour 4 semaines consécutives ou plus. Le prix est celui du palier au moment de ta réservation. Prochain palier dans 1 745 membres.

The audience and the weekly price grid. Here, during the launch rate: crossed-out prices are the normal prices.

- **Launch rate: -50%** on all ads booked during the **first 3 months** after sales open. The end date is shown on the page.
- **-20%** when you book **4 consecutive weeks or more** (the two discounts add up).
- No referral commission is paid on advertising.

Booking your ad, step by step

- 1 On the Advertising page, tap **Créer une bannière** (Create a banner) or **Créer une annonce texte** (Create a text ad).
- 2 Upload your images (or write your text), enter the address of your page, then tap **Voir l'aperçu** (Preview). You see your ad exactly as members will see it, and you can edit it.
- 3 Tick your **weeks** (Monday to Sunday). The calendar shows the next 12 weeks and the free slots; the first possible week starts at least 3 days later, to allow time to check your ad. The total is calculated as you tick.
- 4 Tick the terms box, then tap **Réserver et bloquer le montant** (Book and hold the amount): you go through Stripe's secure payment page.

☆ **Une seule annonce, en deux formats.** Ta bannière est vue par tous les membres, qu'ils soient sur ordinateur ou sur téléphone. Le site choisit tout seul la bonne image selon l'écran : la version **ordinateur** (large et fine) sur les grands écrans, la version **téléphone** (plus haute) sur les petits. Prépare donc le même message dans les deux formats, pour qu'il reste lisible partout.

Image pour ordinateur (728 × 90 pixels)

Aucun fichier choisi

JPEG, PNG ou WebP, 300 Ko maximum. Le double (1456 × 180) est accepté, pour les écrans haute définition.

Image pour téléphone (320 × 100 pixels)

Aucun fichier choisi

Même chose, au format téléphone (640 × 200 accepté).

Adresse de la page où mène ton annonce

A banner form: one image for computer, one for phone, and the address of your page.

2. Choisis tes semaines

Une semaine va du lundi au dimanche. Prix au palier actuel : 30,00€ **15,00 € par semaine** (tarif de lancement -50 %), -20 % à partir de 4 semaines consécutives.

☒ 5 oct. → 11 oct. 5 places libres	☒ 12 oct. → 18 oct. 5 places libres	☒ 19 oct. → 25 oct. 5 places libres	☒ 26 oct. → 1 nov. 5 places libres	☐ 2 nov. → 8 nov. 5 places libres	☐ 9 nov. → 15 nov. Complète
☐ 16 nov. → 22 nov. 5 places libres	☐ 23 nov. → 29 nov. 5 places libres	☐ 30 nov. → 6 déc. 5 places libres	☐ 7 déc. → 13 déc. 5 places libres	☐ 14 déc. → 20 déc. 5 places libres	☐ 21 déc. → 27 déc. 5 places libres

Total : **48,00 €** (4 semaines, -20 % appliqués)

☐ J'accepte les [conditions de la publicité](#). Je comprends que le montant est bloqué sur ma carte, encaissé seulement si l'annonce est validée, et qu'une annonce diffusée n'est pas remboursable.

Paiement sécurisé par Stripe, par carte bancaire.

4 consecutive weeks ticked: the 20% discount applies straight away. A "Complète" (Full) week has no slots left.

The amount is held, not charged

When you book, Stripe **holds** the amount on your card, without charging it. Each ad is then **checked by hand**:

- **Ad approved**: the amount is charged, you receive an email, and your ad will run during the chosen weeks.
- **Ad refused**: the hold is cancelled, **nothing is charged**, and you receive an email with the reason.
- **No decision** within 6 days, or before your first week starts: the booking is cancelled automatically, with no charge.
- As long as your ad isn't approved, you can **cancel your booking** yourself, free of charge, from your ad's page.

GOOD TO KNOW

Once approved, the booking is final: an ad that has run is not refundable. Only exception: if your ad cannot run through Mes Contacts' fault, the weeks concerned are refunded.

Refused: illegal, misleading, shocking, discriminatory or sexual content, promises of earnings, weapons, tobacco and products banned from sale, and links to dangerous websites or ones unrelated to the ad. Details in the terms of sale (CGV), "Publicité" article.

Your statistics, day by day

On your ad's page, you follow **views**, **members reached**, **clicks** and the **click rate**. A view is only counted if your ad stayed **at least one second on screen**, with the tab open: these are real views. A member who clicks several times in a day counts as a single click.

Statistiques			
5 348 affichagees	3 286 membres touchés (cumul par jour)	132 clics	2,5 % taux de clic
Jour	Affichages	Membres touchés	Clics
lun. 21 sept.	519	301	10
mar. 22 sept.	488	298	16
mer. 23 sept.	412	268	8
jeu. 24 sept.	550	325	12
ven. 25 sept.	408	277	9
sam. 26 sept.	476	286	11
dim. 27 sept.	415	228	12
lun. 28 sept.	544	343	13
mar. 29 sept.	482	270	11
mer. 30 sept.	551	358	14
jeu. 1 oct.	503	332	16

The statistics of a text ad that ran for two weeks.

16 Referral and commissions

Inviting brings you a contact list, badges and free months. At launch, it may also earn you commissions.

What referral brings you

- **A contact list that belongs to you**, which receives your messages with no filter.
- **Milestones**: badges, and free months as credit when your guests subscribe (chapter 5), and the **referrer leaderboard**.
- **The founder price** if you sign up before the launch.

Commissions

- **20%** of what **your direct guests** (level 1) pay for their plan and their directory listing, **on every payment**, as long as they stay subscribed.
- No commission on extra sends, nor on your own purchases, nor on the following levels.
- **Open to everyone**, including on the free version: you don't have to buy anything.
- Tracked in "**Mon abonnement**". Paid as **credit** on your subscription or **by bank transfer** from €50 accumulated.
- A commission is cancelled if the corresponding payment is refunded.

Situation	Calculation	Commission / month
3 guests at €9.90	$3 \times €1.98$	€5.94
5 guests at €19.90	$5 \times €3.98$	€19.90 (your Expert plan covered)
20 guests at €14.90	$20 \times €2.98$	€59.60

GOOD TO KNOW

Mes Contacts is not a pyramid scheme: no joining fee, no compulsory purchase, a commission on **a single level** and only on a real paid service. **No earnings are guaranteed**: it all depends on the plans actually chosen by your guests. Commissions are income: everyone is responsible for declaring them according to their situation. The full rules are in the **CGV** (terms of sale).

Your settings, your data and your security

Tes préférences

Ton parrain peut-il voir ton email ?

Ton parrain voit ton nom, ta région et ta date d'inscription dans son équipe.

Ton adresse email : **visible par ton parrain direct**.
Personne d'autre ne la voit, jamais.

[Ne plus partager mon email](#)

Offres des autres membres

Tu acceptes de recevoir les offres des autres membres (au maximum une par jour, vérifiée avant l'envoi, dans un onglet à part).

[Ne plus recevoir les offres](#)

Your settings

- **Sharing your email** with your sponsor: yes or no.
- **Other members' good deals**: receive them or not.
- **Mes Contacts news by email**: receive it or not.
- **Notifications**: to turn on on each of your devices.
- **Blocked senders**: the list and the button to unblock (in "Mon équipe").

Your preferences, in your personal space.

Your data belongs to you NEW

Tes données t'appartiennent. Télécharge à tout moment un fichier avec tout ce que Mes Contacts conserve à ton sujet : ton profil, tes choix, tes messages, tes contacts, tes paiements.

[Télécharger mes données](#)

- **Télécharger mes données** (Download my data): at the bottom of your space, a file with everything Mes Contacts keeps about you (profile, choices, messages, contacts, payments).
- **Supprimer mon inscription** (Delete my registration): at the very bottom of your space. Your data is erased immediately, and your guests join your own sponsor's list.
- After 3 years with no activity at all, an account is deleted automatically.
- Your data is **never sold**. Details are in the privacy policy.

Your security

- **Only people in your network can write to you**: your sponsor and those who invited them, your team privately, your added contacts, and Mes Contacts announcements.
- **Blocking** a sender and **reporting** a message takes one click. Every report is reviewed, and a sender reported by several members has their sending suspended.
- Nobody can find out whether an email address is registered on Mes Contacts.
- Your space link, received by email, is personal: **don't forward it**. You can request a new one at any time.

18 FAQ and help

I've lost the link to my space.

At the bottom of every page of the site, tap **My space** and enter your email: a new link arrives within seconds.

I've forgotten my password.

On the Connexion (Log in) page, tap **Mot de passe oublié** (Forgot password): you receive a link to choose a new one.

Someone says they signed up with my link, but I can't see them.

They probably haven't confirmed their email: they appear as "En attente" (Pending) among your direct guests. Remind them to click the link they received (and to check their spam).

Someone I know is already signed up with someone else.

Add them as an **added contact** (chapter 7): with their consent, they receive your messages and you can write to each other.

I no longer receive notifications.

In your space, tap "Désactiver sur cet appareil" (Turn off for this device), then turn it on again. On iPhone, make sure you open Mes Contacts from the home screen icon.

I have no sends left this week.

Each send recharges 7 days after being used. You can also schedule your message for later, buy a single send or move to a higher plan.

Why do I see ads?

A few member ads, marked "Sponsorisé", help fund Mes Contacts. They disappear completely from the **Expert** plan (chapter 15). No advertiser knows who you are.

Do I lose my founder price if I change plans?

No. You keep it as long as your plan subscription stays active, even if you change plans. It only ends if your subscription stops (chapter 12).

How do I cancel my subscription?

"Abonnement" → **Gérer mon abonnement** (Manage my subscription) → Cancel. Your plan stays active until the end of the paid period.

What happens to my data?

It is used only to run the service and is never sold. You can download or delete it at any time from your space.

A question that isn't in this guide?

Write to us at contact@mes-contacts.fr (in English if you like): we reply personally.

Now it's your turn: complete your profile, turn on your notifications, share your link with your 5 closest people... and welcome to Mes Contacts!